

SURGERY:

Resources: UW (surgery and IM GI section), practice NBME, Pestana's (key!), Divirgilio cases for oral exam, Emma Holiday YouTube.

High Yield: More internal medicine type questions than actual surgery. GI is heavily tested.

OBGYN:

Resources: UW, practice NBME, ACOG Q bank (Uwise).

NEURO:

Resources: UW (neuro section of internal medicine), practice NBME, Blueprints for reference, review FA step 1 section on neuro (yes it's still helpful!).

High Yield: localizing neuro deficits based on symptomatology, types of headaches, genetics, pharmacology, types of dementia, stroke. May have to interpret some simple radiology (CT head, MRI head). Basic psychiatry may show up on this exam too.

PSYCH:

Resources: UW, practice NBME, Emma Holiday YouTube Video, review First Aid Step 1 section on Psych.

High Yield: DSM V diagnostic criteria, pharmacology.

IM:

Resources: UW, practice NBME, Step up to medicine for reference, Emma Holiday YouTube video.

PEDS:

Resources: UW, practice NBME, Emma holiday YouTube video

FM:

Resources: AAFP questions, practice NBME.

High Yield: Memorize USPSF guidelines (A and B recommendations only!). May see some basic peds and OBGYN questions (similar to what is presented in AAFP question bank).

GENERAL ADVICE:

Make your own Anki cards for each Uworld Q you do. Include only high yield facts and review these the night before your exam. Also helpful to review these when preparing for Step 2 CK.

Do UW on timed mode from day 1.

Online MedEd is also a good resource... (may consider purchasing their work book for \$25)

Step 2 Secrets (highly recommend!!)

Step 2 bullets website is great for quick reference <https://step2.medbullets.com/>

RECOMMENDED APPS:

MDcalc

Up to date

Epocrates

AHA/ACC On the go (guidelines)